

BRIDGING THE GAP: ORTHOPAEDIC INTERVENTIONS IN PRIMARY CARE

Hands-on Workshop



10 May 2025 (Saturday)



9.00 am - 5.00 pm



Hilton Kota Kinabalu



Dr Chua Yeok Pin
Consultant Foot & Ankle



Dr Jeffrey Jaya Raj
Consultant Orthopaedic
Trauma, Arthroplasty &
Robotic Surgeon



Dr Suresh George
Consultant Orthopaedic
Trauma, Arthroplasty &
Robotic Surgeon

PHYSICAL
EVENT

**JOIN US & EARN
8 CPD POINT**

FOR MORE ENQUIRIES, PLEASE CONTACT:

 **+6019-352 9215**

**SCAN HERE
TO REGISTER**



BRIDGING THE GAP: **ORTHO PAEDIC INTERVENTIONS IN PRIMARY CARE**

- 9.00 am** **Registration and Welcome Refreshments**
- 9.15 am** **Welcome Speech by Ms Choong Sui Ching**
General Manager, Orthopaedic Services
- 9.30 am** **Session 1: Heel Pain**
Focus on the causes, diagnosis, and management of Heel Pain
Dr Chua Yeok Pin, Consultant Foot & Ankle
- 10.00 am** **Session 2: Wound Care**
Cover the principles of wound assessment, infection prevention, and dressing techniques
Dr Chua Yeok Pin, Consultant Foot & Ankle
- 10.30 am** **Coffee Break**
- 10.45 am** **Session 3: Osteoarthritis of the knee**
Gain insights into the assessment and management of knee osteoarthritis
Dr Suresh George, Consultant Orthopaedic Trauma, Arthroplasty & Robotic Surgeon
- 11.15 am** **Session 4: Trigger Finger**
Explore the diagnosis and treatment of trigger finger
Dr Suresh George, Consultant Orthopaedic Trauma, Arthroplasty & Robotic Surgeon
- 11.45 am** **Session 5: Robotic Arthroplasty**
Discover the cutting-edge advancements in robotic-assisted joint replacement surgery
Dr Jeffrey Jaya Raj, Consultant Orthopaedic Trauma, Arthroplasty & Robotic Surgeon
- 12.15 pm** **Session 6: Elderly Neck of femur fracture: Fragility Fracture**
Delve into the management of fragility fractures, a significant concern in elderly patients with osteoporosis
Dr Jeffrey Jaya Raj, Consultant Orthopaedic Trauma, Arthroplasty & Robotic Surgeon
- 12.45 pm** **Lunch**
- 2.00 pm** **Session 7: Practical Workshop**
Practical hands-on demonstration and case studies for each disease area
- TRIGGER FINGER MANAGEMENT**
Learn step-by-step techniques for diagnosing and managing trigger finger, including corticosteroid injections and splinting method
Dr Suresh George, Consultant Orthopaedic Trauma, Arthroplasty & Robotic Surgeon
- KNEE INTRA-ARTICULAR INJECTION**
Master the art of knee joint injections with expert guidance on accurate techniques, indications, and pain management strategies
Dr Jeffrey Jaya Raj, Consultant Orthopaedic Trauma, Arthroplasty & Robotic Surgeon
- TOENAIL REMOVAL PROCEDURES**
Gain practical experience in performing toenail removal, from proper anesthesia techniques to safe excision methods for managing conditions like ingrown toenails
Dr Chua Yeok Pin, Consultant Foot & Ankle
- 4.30 pm** **Interactive Q&A Session**
- 5.00 pm** **End of Event**